

SEPTEMBER

# BREAKFAST

HOT/COLD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	• cheerios/ string cheese/ fruit 3	• blueberry bagel w/ cream cheese/ fruit 4	• zee zee berryapple crisp bar/ fruit 5	• plain bagel w/ cream cheese/ fruit 6
• yogurt/ honey grahams/ fruit • pineapple juice 9	• blueberry bagel w/ cream cheese/ fruit 10	• autumn spice muffin/ fruit • orange juice 11	• corn chex/ giant cinnamon goldfish grahams/ fruit 12	• zac omega blackberry bar/ fruit • pineapple juice 13
• cinnamon chex 2oz/ fruit • orange juice 16	• lemon muffin/ fruit 17	• blueberry bagel / cream cheese/ fruit • pineapple juice 18	• dipper doodle bar/ fruit 19	• granola bowl/ fruit • orange juice 20
• yogurt/ educational snacks/ fruit • pineapple juice 23	• banana muffin/ fruit 24	• cinnamon crumble/ fruit 25	• plain bagel w/ cream cheese/ fruit 26	• zee zee berryapple bar/ fruit • pineapple juice 27
• cheerios/ animal crackers/ fruit 30				

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

# SEPTEMBER

# LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 <ul style="list-style-type: none"> <li>hot dog (df)</li> <li>chicken bites</li> <li>seasoned green beans</li> </ul>	4 <ul style="list-style-type: none"> <li>bbq chicken plate</li> <li>creamy pasta alfredo (vg) kidney beans, edamame, carrot, corn</li> </ul>	5 <ul style="list-style-type: none"> <li>crispy chicken sandwich (df)</li> <li>cheese enchiladas (vg)</li> <li>chopped lettuce &amp; sliced tomatoes w/ ranch</li> </ul>	6 <ul style="list-style-type: none"> <li>pepperoni pizza</li> <li>ranchero chicken con queso rice bake</li> <li>seasoned carrot, corn &amp; peas</li> </ul>
9 <ul style="list-style-type: none"> <li>baked mac &amp; cheese w/ chicken bites</li> <li>wicked bog fish sandwich(df)</li> <li>three bean salad /grape tomatoes</li> </ul>	10 <ul style="list-style-type: none"> <li>spaghetti &amp; marinara w/ mozzarella (vg)</li> <li>kickin chicken melt sandwich</li> <li>baby carrots</li> </ul>	11 <ul style="list-style-type: none"> <li>hot meatball sub</li> <li>sesame chicken wrap (df)</li> <li>corn &amp; tomato salad</li> </ul>	12 <ul style="list-style-type: none"> <li>uncle ted's bbq chicken drumstick w/ cheesy rice</li> <li>bean &amp; cheese pupusa (vg)</li> <li>Cole slaw</li> </ul>	13 <ul style="list-style-type: none"> <li>flamed broiled cheeseburger</li> <li>garden ranch salad w/ chicken</li> <li>broccoli w/ ranch</li> </ul>
16 <ul style="list-style-type: none"> <li>hot dog (df)</li> <li>orange grilled chicken (df)</li> <li>baby carrots</li> </ul>	17 <ul style="list-style-type: none"> <li>bbq beef slider</li> <li>chicken caesar wrap</li> <li>chili citrus black beans &amp; corn</li> </ul>	18 <ul style="list-style-type: none"> <li>pasta w/ zesty beef</li> <li>fiesta scoops w/ three layer dip (vg)</li> <li>lemon pepper green beans</li> </ul>	19 <ul style="list-style-type: none"> <li>chicken bites</li> <li>chicken salad sandwich</li> <li>side salad/ ranch</li> </ul>	20 <ul style="list-style-type: none"> <li>cheese pizza (vg)</li> <li>santa fe chile chicken wrap</li> <li>steamed corn</li> </ul>
23 <ul style="list-style-type: none"> <li>baked mac &amp; cheese w/ chicken sausage</li> <li>crispy chicken sandwich (df)</li> <li>baby carrots</li> </ul>	24 <ul style="list-style-type: none"> <li>classic spaghetti &amp; meatballs (df)</li> <li>cheesy pizza bite (vg)</li> <li>broccoli w/ ranch</li> </ul>	25 <ul style="list-style-type: none"> <li>hot dog (df)</li> <li>buffalo chicken wrap</li> <li>chili citrus corn</li> </ul>	26 <ul style="list-style-type: none"> <li>penne pasta w/ meat sauce (df)</li> <li>honey mustard chicken wrap</li> <li>kidney beans, edamame, carrot, corn</li> </ul>	27 <ul style="list-style-type: none"> <li>pepperoni pizza</li> <li>cheese pizza (vg)</li> <li>sliced cucumber</li> </ul>
30 <ul style="list-style-type: none"> <li>chicken bites</li> <li>philly cheesesteak sandwich</li> <li>green peas</li> </ul>				

## Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always: Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients  
Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)

