

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> cinnamon crumble/ fruit string cheese/ cinnamon grahams/ fruit orange juice available
4 <ul style="list-style-type: none"> corn chex/ fruit string cheese/ cinnamon grahams/ fruit orange juice available 	5 <ul style="list-style-type: none"> mini lemon muffin & string cheese/ fruit plain bagel/ cream cheese/ fruit 	6 <ul style="list-style-type: none"> yogurt/ granola/ fruit multigrain cheerios/ fruit pineapple juice available 	7 <ul style="list-style-type: none"> apple muffin/fruit string cheese/ cinnamon grahams/ fruit 	8 <ul style="list-style-type: none"> cinnamon raisin bagel/ cream cheese/ grape jelly/ fruit yogurt/ honey grahams/fruit orange juice available
11 <ul style="list-style-type: none"> corn chex/ fruit string cheese/ cinnamon grahams/ fruit orange juice available 	12 <ul style="list-style-type: none"> french toast muffin/ fruit yogurt/ granola/ fruit 	13 <ul style="list-style-type: none"> cheerios/ fruit plain bagel / cream cheese/ fruit pineapple juice available 	14 <ul style="list-style-type: none"> blueberry muffin/ fruit corn chex/ fruit 	15 <ul style="list-style-type: none"> blueberry bagel / cream cheese/ fruit yogurt/ granola/ fruit orange juice available
18 <p>FEBRUARY BREAK</p>	19 <p>FEBRUARY BREAK</p>	20 <p>FEBRUARY BREAK</p>	21 <p>FEBRUARY BREAK</p>	22 <p>FEBRUARY BREAK</p>
25 <ul style="list-style-type: none"> string cheese/ cinnamon grahams/ fruit corn chex/ fruit orange juice available 	26 <ul style="list-style-type: none"> blueberry bagel / cream cheese/ fruit banana muffin/ fruit 	27 <ul style="list-style-type: none"> yogurt/ granola/ fruit string cheese/ cinnamon grahams/ fruit pineapple Juice available 	28	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

FEBRUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> flamed broiled beef cheeseburger cheese pizza (vg) steamed corn
4 <ul style="list-style-type: none"> hearty veggie chili (vg) kickin chicken melt sandwich glazed carrots 	5 <ul style="list-style-type: none"> classic spaghetti & meatballs (df) five cheese lasagna (vg) cucumber 	6 <ul style="list-style-type: none"> pepper jack cheeseburger chicken teriyaki w/ brown rice (df) tomatoes w/ ranch 	7 <ul style="list-style-type: none"> bbq beef flatbread melt creamy chicken alfredo carrot, corn & peas 	8 <ul style="list-style-type: none"> pepperoni pizza buffalo chicken wrap chopped lettuce sliced tomatoes w/ ranch
11 <ul style="list-style-type: none"> chicken sausage & cheddar eggel sandwich baked mac & cheese & chicken bites chili citrus corn 	12 <ul style="list-style-type: none"> cheesy pizza bite (vg) flamed broiled beef cheeseburger coleslaw 	13 <ul style="list-style-type: none"> breakfast for lunch: pancakes w/ omelet (vg) veggie pizza (vg) broccoli florets w/ ranch 	14 <ul style="list-style-type: none"> bean & cheese quesadilla (vg) cheesy ravioli (vg) seasoned black beans 	15 <ul style="list-style-type: none"> crispy chicken sandwich (df) cheese pizza (vg) harvest of the month
18 <p>FEBRUARY BREAK</p>	19 <p>FEBRUARY BREAK</p>	20 <p>FEBRUARY BREAK</p>	21 <p>FEBRUARY BREAK</p>	22 <p>FEBRUARY BREAK</p>
25 <ul style="list-style-type: none"> mongolian beef hearty veggie chili (vg) diced carrots 	26 <ul style="list-style-type: none"> crispy chicken sandwich spaghetti marinara w/ mozzarella (vg) broccoli florets 	27 <ul style="list-style-type: none"> cheesy ravioli(vg) cheesy chicken quesadilla sliced cucumber 	28 <ul style="list-style-type: none"> chicken bites chicken taco trio tomatoes 	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o **Vegetable** of the day